# Winter Adult Dance Intensive 2024 Beginner Level



#### Wednesday, January 3

**6:30 – 7:15 pm Mat Pilates** | Kate Kernaghan

7:15 – 8:45 pm Ballet Technique | Wendy Holt

8:50 – 9:30 pm Repertoire | Wendy Holt

#### Thursday, January 4

**6:30 – 7:15 pm Mat Pilates** | Kate Kernaghan

7:15 – 8:45 pm Ballet Technique | Wendy Holt

8:50 – 9:30 pm Jumps and Turns | Wendy Holt

### Friday, January 5

7:15 – 8:45 pm Ballet Technique | Wendy Holt

8:50 – 9:30 pm Classical Repertoire | Wendy Holt

## Saturday, January 6

**10:00 am – 11:30 am** Ballet Technique | Wendy Holt

11:45 am – 12:45 pm Jumps and Turns | Wendy Holt

1:00 – 2:00 pm Contemporary | Johanna Bergfelt